

# *A Blessing*

For Jews and Christians, the notion of blessing is bound up with praising God and giving thanks to God; bound up with our way of seeing, understanding, being in this world and in the human community. The prayer of blessing is part of our heritage from Judaism, and it continues to be a living part of Jewish life today... Whether we say simply, "God bless you," or join in a rite of song and prayer and Scripture, we are proclaiming the good news of God's love and reign.

*-Catholic Household Blessings & Prayers*

## *Blessings for a Family*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

In good times and in bad, in sickness and in health, we belong to each other as we belong to you, God ever faithful.

By morning and by night may your name be on our lips, a blessing to all our days:  
so may kindness and patience be ever among us,  
a hunger for justice, and songs of thankfulness in all we do. AMEN

May the Lord Jesus, who lived with his holy family in Nazareth, dwell also in our family, protect it and make all of us one in heart and mind.

We ask this through Christ, our Lord. AMEN

## *Blessings on a Birthday*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

Loving God,

You created all the people of the world, and you know each of us by name. We thank you for N., who celebrates his/her birthday. Bless him/her with your love and friendship that he/she may grow in wisdom, knowledge and grace. May he/she love his/her family always and be ever faithful to his/her friends.

Grant this through Christ our Lord. AMEN

## *Blessings for Time of Sickness*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

God of love, ever caring, ever strong, stand by us in time of need. Watch over N., who is sick; look after him/her in their time of illness, and grant him/her your healing and peace.

We ask this in the name of Jesus the Lord.  
AMEN

## *Blessings before Travels*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

All-powerful and merciful God, You led the children of Israel on dry land, parting the waters of the sea; you guided the Magi to your Son by a star. Be with us on our journey and keep us safe. Under your protection let us reach our destination and happily return to our home.

We ask this through Christ our Lord. AMEN.

## *Blessings Before Moving From a Home*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

As we leave this home, we give thanks to God for all the blessings found here. Protect us on our way, lead us to new friends; help us to be a home to one another and to those in need. May God bless us and guide us on our way.

We ask this through Christ, our Lord. AMEN

## *Blessings Moving Into a Home*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

O God, protect our going out and our coming in; let us share the hospitality of this home with all who visit us, that those who enter here may know your love and peace.

Grant this through Christ our Lord. AMEN

## *Prayer in Time of Seeking God's Will*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

Hear, O Lord, the sound of my call;  
Have pity on me, and answer me.  
Of you my heart speaks; you my glance seeks;  
Your presence O Lord, I seek.

Hide not your face from me;  
Do not in anger repel your servant.  
You are my helper: cast me not off;  
Forsake me not, O God my savior.

I believe that I shall see the bounty of the Lord in  
the land of the living.  
Wait for the Lord with courage; be stouthearted,  
and wait for the Lord.

-Psalm 27:7-9, 13-14

*One of the short blessings to the right may be said by parents at various times, such as when a child is going to play or to school, but especially when the child is going to bed each night. Parents make the sign of the cross on the child's forehead or heart and say one of the blessings.*

## *Blessings in Times Of Joy and Thankfulness*

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit. AMEN.

Almighty Father,  
You are lavish in bestowing all your gifts, and we give thanks for the favors you have given us. In your goodness you have favored us and kept us safe in the past.  
We ask you to continue to protect us and to shelter us in the shadow of your wing.

We ask this through Christ our Lord. AMEN.

## *Blessings During Childhood*

† May God bless you.

† May God keep you safe.

† God be with you.

† God be in your heart.