

## Why Do Catholics Choose Confirmation Saints? by Lifeteen

As we go through our sacramental preparation for Confirmation, Confirmation Saints are chosen to be a person we want to be like, as well as someone who can pray for us from heaven. Through the process of canonization, when someone is declared by the Church to be a Saint, the Church is proclaiming that this member of the faithful practiced heroic virtue during their life on earth, 'the Church recognizes the power of the Spirit of holiness within her and sustains the hope of believers by proposing the Saints to them as models and intercessors' (CCC 828).

To aspire to be like a Saint is the same as trying to imitate an actor, musician, or athlete; a confirmation Saint is someone cool who we want to be like! You may have a famous actor, musician, or athlete that you really admire for their talent and skill. What many people don't realize is that there are good people to look up to within our Church, for us to try to be like as well. It is common for us to think that only adults are able to become Saints, but that is wrong.

As a young teen in the early 4th century, Saint Agnes was martyred because she refused to denounce her faith. Saint Aloysius, a young Jesuit in the late 16th century, helped care for people who were sick with the plague, giving them care and love as they left this world. His close contact with the disease took his life soon thereafter. Both these young Saints bear witness to having love of God as their first priority.

It is important to remember that as members of the Church, we are never been alone, as St. Paul said, 'We are surrounded by so great a cloud of witnesses' (Hebrews 12:1). These witnesses are the Saints who continually intercede for us (CCC 956); in choosing a confirmation Saint, we are choosing a special friend to intercede for us in heaven and after whom we can model our lives while here on earth.

You can't call up a famous person you want to be like and ask them for help, but your Confirmation Saint is someone who you can talk to whenever you need them and they will always have your back!

https://lifeteen.com/blog/why-do-catholics-choose-confirmation-saints/

## **Partial List of Saint Names**

- St. Adrian the Patron of soldiers
- St. Agatha the Patron of Bell founders and Breast diseases
- St. Agnes Chastity and Girl Scouts
- St. Alban the Patron of Refugees
- St. Albert the Patron of Medical technologists and Scientists
- St. Alexis the patron of pilgrims and beggars
- St. Alphonsus the Patron of Vocations
- St. Ambrose the Patron of Learning
- St. Andrew the Patron of Scotland
- St. Anne the Patron of Grandmothers, Mothers, Women in labor and Horse riders
- St. Anthony the Patron of Lost articles, the Poor, Amputees and Cemetery workers
- St. Augustine, Bishop of Hippo the patron of Theologians
- St. Barbara Ammunition workers, Architects, Builders, Miners, Storms and Sudden death
- St. Benedict the Patron of Monks and Poisoning
- St. Bernard the Patron of the Alps, Mountain climbers, Skiers and Jewelers
- St. Bernadette the Patron of the sick and of people ridiculed for their faith
- St. Blaise the Patron of Wild animals and ailments of the throat
- St. Brendan the Patron of Navigators and Sailors
- St. Bridget the Patron of Ireland and Fallen women
- St. Bridget of Sweden Patron of Europe
- St. Camillus the Patron of Nurses and the Sick
- St. Catherine Laboure the Patron of the Miraculous Medal
- St. Catherine of Sienna the Patron of Temptation
- St. Catherine the Patron of Philosophers, Secretaries, Spinsters
- St. Cecelia the Patron of Music
- St. Charles Borromeo the Patron of Clergy, Colic, Stomach trouble and Ulcers
- St. Christopher the Patron of Bachelors, Drivers, Travel and Travelers
- St. Clare of Assisi the Patron of the Media
- St. Dennis the Patron of France and Headaches
- St. Dominic Savio the Patron of Young Men, the wrongfully accused and juvenile delinquents
- St. Dymphna the Patron of Family harmony, Insanity, Mental illness, Nerves and Runaways
- St. Elizabeth the Patron of Separated spouses and Difficult marriages
- St. Eustace patron of Hunters and those facing adversity
- St. Francis De Sales the Patron of Con-

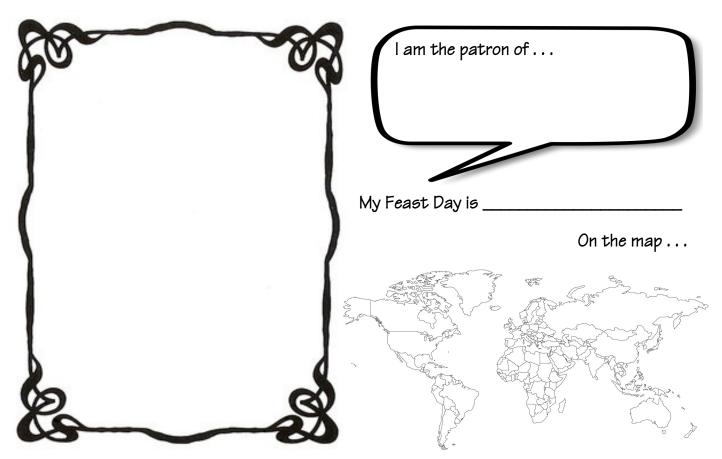
fessors, the Deaf, Journalists and Teachers

- St. Francis of Assisi the Patron of Animals, Birds, and the Environment
- St. Francis Xavier The Patron of the Orient, Missionaries, Navigators and Sailors •
- St. Francis Xavier Cabrini the Patron of Immigrants, emigrants, Missioners and Wine makers
- St. Gabriel the Patron of Youth, Clerics and Communications workers
- St. Gemma Galgani the Patron of Temptation and the Persecuted St. Genesius the Patron of Actors, Comedians, Dancers, Epilepsy and Lawyers
- St. George the Patron of England, Chivalry and Soldiers
- St. Gerard the Patron of Infertility, Pregnant women and those Falsely accused
- St. Germaine the Patron of Child abuse
- St. Gregory the Great the Patron of Teachers, Students and Musicians St. Henry the Patron of Childless and of the Handicapped St. Hubert the Patron of Hunters and Mathematicians
- St. Ignatius Loyola the Patron of Jesuit Order, Retreats and Soldiers St. Ignatius of Antioch he Patron of Churches in the eastern Mediterranean
- St. Jerome the Patron of Librarians, Scholars, Students and Abandoned children
- St. Joan of Arc the Patron of France, Service women, Virgins, Prisoners and Victims
- St. John Berchman the Patron of Altar / Mass servers
- St. John Bosco the Patron of Young People
- St. John the Baptist the Patron of Baptism, Conversion and Tailors
- St. John the Evangelist the Patron of Book sellers, Art dealers and Printers
- St. John the Patron of Heart ailments and Orators
- St. John Vianney the Patron of Pawnbrokers and Priests
- St. Joseph the Patron of Belgium, Carpenters, Married couples and Pioneers
- St. Jude the Patron of Desperation and Hopeless causes
- St. Lidwina the Patron of Skaters
- St. Louis the Patron of Child Death
- St. Louise the Patron of Orphans and Widows
- St. Lucy the Patron of the Poor, Cutters, Eyes, Peddlers, Saddlers and Salespersons
- St. Lucy/St. Lawrence the Patrons of Blindness
- St. Luke the Patron of Artists, Doctors, Jewelers, Physicians, Sculptors and Surgeons
- St. Margaret Mary the Patron of Polio
- St. Margaret the Patron of Homelessness
- St. Maria Goretti the Patron of Young

Women, Chastity and Rape Victims

- St. Mark the Patron of Prisoners and Lawyers
- St. Martha the Patron of Housewives, Domestic workers and Servants
- St. Martin the Patron of Vintners and Alcoholics
- St. Mary Magdalen the Patron of Frail and Penitent Women
- St. Matthew the Patron of Accountants, Bankers, Bookkeepers, Stock brokers and Tax collectors
- St. Matthias the Patron of Carpenters and Tailors
- St. Maximilian Kolbe the Patron of Drug Addiction
- St. Michael the Patron of Battles, Germany, Grocers, Police officers, Radiologists, Seafarers
- St. Monica the Patron of Alcoholism, Bakers, Brewers, Children, Coopers, Greece and Peace
- St. Nicholas/St. Dorothy the Patron of Brides
- St. Patrick the Patron of Ireland, Snake bites and Tooth ache
- St. Paul the Patron of Authors, Press, Publishers and Writers St. Peregrine the Patron of Cancer and Skin diseases
- St. Peter the Apostle Patron of Fisherman and Ship builders
- St. Peter the Martyr Patron of Inquisitors and Midwives
- St. Philip Patron of Cooks and Bakers
- St. Rita the Patron of Healing of wounds, Loneliness and Tumors
- St. Robert the Patron of Catechists
- St. Rose of Lima the Patron of South America and against Vanity
- St. Scholastica the Patron of Convulsions in Children and rain
- St. Sebastian the Patron of Athletes, Enemies of religion and Gardeners
- St. Stephen the Patron of Deacons
- St. Theresa of Avila the Patron of the Sick, Headache sufferers and loss of Parents
- St. Theresa of Lisieux the Patron of Missions, Pilots, Florists and AIDS sufferers
- St. Theresa the Patron of Missions and Tuberculosis
- St. Thomas Aquinas the Patron of Universities and Students
- St. Thomas More the Patron of Civil servants, Court Workers, Lawyers and Widowers
- St. Timothy the Patron of Internal Pain and Disease
- St. Ursula the Patron of Young Girls
- St. Vincent de Paul the Patron of Charitable Societies
- St. William the Patron of Adopted children
- St. Winifred the Patron of Virgins
- And many more . . .

## MY CONFIRMATION SAINT will be St.



I choose this Saint's name as my Confirmation name because [250 word minimum] ...

Continue on back if needed ...