

# PRAYERS

## COMMON PRAYERS

### THE ANGELUS

**Lead:** The Angel of the Lord declared unto Mary,

**All:** And she conceived of the Holy Spirit.

Hail Mary, full of grace. The Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

**Lead:** Behold the handmaid of the Lord.

**All:** Be it done unto me according to Your Word. Hail Mary, full of grace...

**Lead:** And the Word was made flesh,

**All:** And dwelt among us. Hail Mary, full of grace...

**Lead:** Pray for us, O holy Mother of God.

**All:** That we may be made worthy of the promises of Christ.

**Lead:** Let us pray:

**All:** Pour forth, we beseech You, O Lord,  
Your Grace into our hearts;  
that as we have known the incarnation of Christ,  
your Son by the message of an angel,  
so by His passion and cross  
we may be brought to the glory of His Resurrection.  
Through the same Christ, our Lord.  
Amen.

### THE OUR FATHER

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen

### PRAYER TO ST. MICHAEL

St. Michael the Archangel,  
defend us in battle.

Be our defense  
against the wickedness  
and snares of the devil.  
May God rebuke him,  
we humbly pray,  
and do thou, O Prince  
of the heavenly hosts,  
by the power of God,  
thrust into hell Satan,  
and all the evil spirits,  
who prowl about the world  
seeking the ruin of souls.

Amen.

### THE HAIL MARY

Hail Mary, full of grace,  
the Lord is with you;  
blessed are you among women,  
and blessed is the fruit of your womb,  
Jesus.

Holy Mary, Mother of God,  
pray for us sinners  
now and at the hour of our death.  
Amen.

### THE GLORY BE

Glory be to the Father, the Son,  
and the Holy Spirit;  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

# PRAYERS

## FAMILY PRAYERS

# The Rosary



- 1 Make the **Sign of the Cross** and pray the **Apostles' Creed**
- 2 Pray an **Our Father**
- 3 Pray three **Hail Marys** and one **Glory Be**
- 4 Announce the mystery and pray the **Our Father**
- 5 Pray 10 **Hail Marys** and one **Glory Be**

Repeat until you have completed the circle.  
Pray the **Hail, Holy Queen**.

### Prayer to My Guardian Angel

Angel of God,  
my guardian dear,  
to whom God's love  
commits me here,  
ever this day  
be at my side,  
to light and guard,  
to rule and guide.

Amen.



### Divine Mercy Prayer

Eternal Father, I offer You the  
Body and Blood, Soul and  
Divinity of Your dearly  
beloved Son, our Lord Jesus  
Christ, in atonement for our  
sins and those of the whole  
world.

For the sake of  
His sorrowful  
passion,  
have mercy  
on us and  
on the  
whole world.



### Come Holy Spirit

Come, Holy Spirit, fill the hearts of  
Thy faithful and enkindle in them the  
fire of Thy love. Send forth Thy Spirit  
and they shall be created. And Thou  
shalt renew the face of the earth.

Let us pray: O God, Who didst instruct  
the hearts of the faithful by the light  
of the Holy Spirit, grant us in the same  
Spirit to be truly wise, and ever to  
rejoice in His consolation. Through  
Christ our Lord. Amen.



### The Memorare

REMEMBER, O MOST GRACIOUS VIRGIN MARY, THAT  
NEVER WAS IT KNOWN THAT ANYONE WHO FLED TO  
THY PROTECTION, IMploRED THY HELP, OR SOUGHT  
THY INTERCESSION, WAS LEFT UNAIDED, INSPIRED  
BY THIS CONFIDENCE, I FLY UNTO THEE, O VIRGIN  
OF VIRGINS, MY MOTHER, TO THEE DO I COME,  
BEFORE THEE I STAND, SINFUL AND SORROWFUL, O  
MOTHER OF THE WORD INCARNATE, DESPISE NOT  
MY PETITIONS, BUT IN THY MERCY, HEAR AND  
ANSWER ME,  
AMEN.

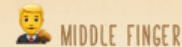


**INDEX FINGER**  
FOR THE ONES  
THAT TEACH US

For those who instruct  
you and heal you.  
They need the support  
and wisdom to show  
direction to others.

**THE THUMB**  
FOR THE ONES  
WE LOVE

Start praying for  
those who are  
closest to you.  
They are the easi-  
est to remember.



**MIDDLE FINGER**  
FOR OUR  
GOVERNORS

As it is the tallest  
finger, it reminds us  
of our leaders, the  
governors and those  
who have authority.



**RING FINGER**  
FOR THE SICK  
AND WEAKEST

It is our weakest  
finger. It reminds us  
to pray for the weak-  
est, the sick or those  
plagued by problems.

**THE PINKY**  
PRAY FOR  
YOURSELF

The smallest finger-  
should remind you  
to pray for your own  
needs when you are  
done praying for the  
other four groups,



# THE 5 FINGER PRAYER

BY POPE FRANCIS

SOURCE:

CATHOLIC.ORG - POPE FRANCIS' FIVE FINGER PRAYER  
<http://www.catholic.org/prayers/prayer.php?p=3396>

